

Books about Divorce for Kids and their Parents

Books to Share with Young Children

Two Old Potatoes and Me

John Coy, 2003

This is a fun story of a divorced dad and his daughter trying their hand at growing potatoes and watching the progress throughout the growing season.

E / COY

I Have Two Homes

Marian DeSmet, 2012

A girl details the differences between her two homes and the feelings she has over her parents' divorce.

E / DESMET

Two Homes

Claire Masurel, 2001

A comforting book of a boy describing his two homes and the two parents who love him.

E / MASUREL

Monday, Wednesday and Every Other Weekend

Karen Stanton, 2014

Henry describes his life at both of his parents' apartments. When his dog runs away to the house they all shared, it lends a sense of closure for Henry.

E / STANTON

Living with Mom and Living with Dad

Melanie Walsh, 2012

This is a lift the flap book about a child dividing time between two homes.

E / WALSH

Celebrating Families

Rosmarie Hausherr, 1997

This book is about all kinds of families including ones whose parents are divorced. It is a refreshing look at all kinds of happy families.

j306.85 / HAU

With My Mom, With My Dad

Maribeth Boelts, 2004

This is a comforting book about a boy's weekend with his father. The boy talks to God about his problems.

j306.89 / BOE

Dinosaurs Divorce

Laurene Krasny Brown and Marc Brown, 1986

This book covers the divorce of a dinosaur family including two different households, separate holidays and stepparents.

j306.89 / BRO

My Parents are Divorced, My Elbows have Nicknames, and Other Facts about Me

Bill Cochran, 2009

One boy shares how his parents are divorced and other more quirky facts about himself.

j306.89 / COC

Standing on My Own Two Feet: A Child's Affirmation of Love in the Midst of Divorce

Tamara Schmitz, 2008

This is a positive and straightforward look at a child who lives with divorced parents. Emphasizes both the unconditional love that both parents feel for the child, and that the divorce is not the child's fault.

j306.89 / SMI

When My Parents Forgot How to be Friends

Jennifer Moore-Mallinos, 2005

Great story of a girl eventually being able to focus on the positive after her parents' divorce.

j306.89 / parent shelf / MOO

I Don't Want to Talk About It

Jeanie Franz Ransom, 2000

Describes a young girl's feelings in comparison with animals, as her parents lovingly relate that they are going to get a divorce but assure her of their undying love for her.

j306.89 / parent shelf / RAN

Books for Older Children

Dear Mr. Henshaw

Beverly Cleary, 1983

A boy writes his feelings about his parents' divorce and other topics to a famous author.

J / CLEARY

Eggs Over Evie

Alison Jackson, 2010

Evie's parents recently divorced and she needs to get used to visitation and a new stepmother. She shares her Dad's love of cooking and it includes recipes.

J / JACKSON

For Better, For Worse: a Guide to Surviving Divorce for Preteens and Their Families

Janet Bode and Stan Mack, 2001

This book has lots of stories from kids experiencing divorce and creative ways for dealing with problems.

j306.89 / BOD

My Parents Are Getting Divorced

Florence Cadier with Melissa Daly, 2004

Explains what a divorce is and some of the sticky situations it can present for kids.

j306.89 / CAD

A Smart Girl's Guide to Her Parents' Divorce

Nancy Holyoke, 2009

Great guide to different ways a divorce can affect kids and how to deal with problems that may come up.

j306.89 / HOL

When Mom and Dad Divorce

Steven Nickman, 1986

Presents stories of typical kids whose parents are divorcing and discusses the problems they face.

j306.89 / NIC

Books for Parents

Putting Children First

JoAnne Pedro-Carroll, 2010

Great resource for parents in how divorce will affect their children and what they can do to minimize that affect.

j306.89 / parent shelf / PED