Books about Divorce for Kids and their Parents

Books to Share with Young Children

Two Old Potatoes and Me
John Coy, 2003
This is a fun story of a divorced dad and his daughter trying their hand at growing potatoes and watching the progress throughout the growing season.
E / COY

I Have Two Homes
Marian DeSmet, 2012
A girl details the differences between her two homes and the feelings she has over her parents’ divorce.
E / DESMET

Two Homes
Claire Masurel, 2001
A comforting book of a boy describing his two homes and the two parents who love him.
E / MASUREL

Monday, Wednesday and Every Other Weekend
Karen Stanton, 2014
Henry describes his life at both of his parents’ apartments. When his dog runs away to the house they all shared, it lends a sense of closure for Henry.
E / STANTON

Living with Mom and Living with Dad
Melanie Walsh, 2012
This is a lift the flap book about a child dividing time between two homes.
E / WALSH

Celebrating Families
Rosmarie Hausherr, 1997
This book is about all kinds of families including ones whose parents are divorced. It is a refreshing look at all kinds of happy families.
j306.85 / HAU

With My Mom, With My Dad
Maribeth Boelts, 2004
This is a comforting book about a boy’s weekend with his father. The boy talks to God about his problems.
j306.89 / BOE
Dinosaurs Divorce
Laurene Krasny Brown and Marc Brown, 1986
This book covers the divorce of a dinosaur family including two different households, separate holidays and stepparents.
j306.89 / BRO

My Parents are Divorced, My Elbows have Nicknames, and Other Facts about Me
Bill Cochran, 2009
One boy shares how his parents are divorced and other more quirky facts about himself.
j306.89 / COC

Standing on My Own Two Feet: A Child’s Affirmation of Love in the Midst of Divorce
Tamara Schmitz, 2008
This is a positive and straightforward look at a child who lives with divorced parents. Emphasizes both the unconditional love that both parents feel for the child, and that the divorce is not the child’s fault.
j306.89 / SMI

When My Parents Forgot How to be Friends
Jennifer Moore-Mallinos, 2005
Great story of a girl eventually being able to focus on the positive after her parents’ divorce.
j306.89 / parent shelf / MOO

I Don’t Want to Talk About It
Jeanie Franz Ransom, 2000
Describes a young girl’s feelings in comparison with animals, as her parents lovingly relate that they are going to get a divorce but assure her of their undying love for her.
j306.89 / parent shelf / RAN

Books for Older Children

Dear Mr. Henshaw
Beverly Cleary, 1983
A boy writes his feelings about his parents’ divorce and other topics to a famous author.
J / CLEARY

Eggs Over Evie
Alison Jackson, 2010
Evie’s parents recently divorced and she needs to get used to visitation and a new stepmother. She shares her Dad’s love of cooking and it includes recipes.
J / JACKSON
For Better, For Worse: a Guide to Surviving Divorce for Preteens and Their Families
Janet Bode and Stan Mack, 2001
This book has lots of stories from kids experiencing divorce and creative ways for dealing with problems.
j306.89 / BOD

My Parents Are Getting Divorced
Florence Cadier with Melissa Daly, 2004
Explains what a divorce is and some of the sticky situations it can present for kids.
j306.89 / CAD

A Smart Girl’s Guide to Her Parents’ Divorce
Nancy Holyoke, 2009
Great guide to different ways a divorce can affect kids and how to deal with problems that may come up.
j306.89 / HOL

When Mom and Dad Divorce
Steven Nickman, 1986
Presents stories of typical kids whose parents are divorcing and discusses the problems they face.
j306.89 / NIC

Books for Parents

Putting Children First
JoAnne Pedro-Carroll, 2010
Great resource for parents in how divorce will affect their children and what they can do to minimize that affect.
j306.89 / parent shelf / PED